

Freeland Soccer Club Coaches Meeting Spring 2017

Coaches Expectations:

- ❖ Lead 1-2 practices/ week for the duration of the season
- ❖ Set schedule for practices (typically to begin the week of April 17th) / reserve field space for practices at April 10th coaches meeting or with FSC president Matt Markey ASAP
- ❖ Contact all players on roster ASAP (no later than April 14th) to share practice schedule and communication plan
- ❖ Be a positive impact on all players and coach soccer fundamentals that are developmentally appropriate for assigned age group. (see Freelandsoccer.org for developmentally appropriate skills list).
- ❖ Join the FREELAND SOCCER CLUB face book page for announcements, field closures etc.
- ❖ Draft a “snack” schedule for your team (or recruit team parent). Each team member should take a turn bringing a drink and snack on game days
- ❖ Report injuries within 48 hours to FSC Rec Director, Treasurer, or President (First aid kits & ice packs are available in the shed if needed)
- ❖ Return balls and equipment to the soccer shed (please try to keep the kits complete)
- ❖ Turn in player ratings to Shannon Lloyd – this helps with setting up the following season’s teams
- ❖ Hand out awards to each player at the last game
- ❖ Follow all game and safety rules as outlined by FSC
 - Risk Management Application & Disclosure Statement
If you do not have a “current” status with the system – you will receive a reminder note (Freeland Soccer Club pays the fee for this)
Contact the Mike Colpaert if you have any questions
 - Goal Safety / Lightning Safety / Weather Issues / Health Issues
Keep players and spectators off of the goals and nets at ALL TIMES
Goals must be anchored at all times – this is a state law
 - Slide tackles are not allowed at any level
 - Concussion Forms are in your envelopes; players must have the release signed to resume play. All coaches and players need to fill out and return to coaches to place in the shed in the marked envelope prior to FIRST PRACTICE

Coach Need to Know:

- ❖ Coaches Bag Contents / BAGS Will be available for pick-up in the shed when fields are open to practice. Likely Monday the 17th.
 - Black Bag = U6/U8 - Five Size 3 Ball, 12 cones, 1 penny
 - Blue Bag = U10/U11/U12/U13 – Six Size 4 Ball, 12 cones, 1 penny
- ❖ **The soccer shed lock combo is 3141.** Please keep the shed organized and do not remove items.
- ❖ Home team is listed first on schedules and wears white.
- ❖ First coach to arrive picks his/her side
 - Teams and parents must sit on the same side
- ❖ Practices are also allowed at the, FSC (Middle School) Soccer Fields, Elementary School (soccer field), Zion Lutheran and the Tittabawasee Township Park.
- ❖ All players, coaches, game officials, and spectators at FSC should understand the 30/30 rule of lightning safety. 30 seconds: From flash to sound of thunder, if the time from seeing the flash to when it is heard is less than 30 seconds the source is within 6 miles and players are at risk. 30 minutes: Once lighting risk is present, all personnel should seek shelter and NOT resume play until 30 minutes after the last lighting strike.
 - If thunder happens during a game or practice – postpone immediately
 - Stop play and go to cars to wait for all clear
 - A 30-minute waiting period is required after the last thunder or lightning
- ❖ The games will be played in the rain. Only in the cases of severe weather or field conditions will the games be cancelled by the FSC board.
- ❖ No smoking or alcohol permitted anywhere on school grounds

Game Rules for each Age Group:

- ❖ www.freelandsoccer.org
located under the Recreation tab

Field Map:

- ❖ www.freelandsoccer.org
located on the Home page

Coaching Resources:

- ❖ www.freelandsoccer.org
- ❖ www.msya.net
- ❖ www.usyouthsoccer.org
- ❖ www.michiganyouthsoccer.org/coaching/Coaching_Education_Video_Resources.html
- ❖ FIFA laws of the game – www.ussoccer.com/referees

GAMES:

Schedule is final. If changes need to take place, please contact the Shannon Lloyd (Recreation Director) to determine if reschedule is an option. If games are canceled due to weather/ lightning both coaches must contact both Shannon Lloyd (Recreation Director) and Marissa Irish (Referee Coordinator) regarding rescheduling games and referees is required.

GAME LENGTH

- U4 games – four 6 minute quarters (one coach on the field)
- U6 games – four 8 minute quarters. (one coach on the field, one coach behind the goal)
- U8 games – four 12 minute quarters. (No coaches on the field, no coaches behind the goal.
- U10 games – two 25 minute halves.
- U11 & up – two 25 minute halves.

Coaches are encouraged to bring a sideline blanket or purchase a fold-up bench for your kids on the sideline.

Game Decorum – be kind to our referees & other coaches. Remember this is recreational ball, not the World Cup.

Questions? / Concerns? / Comments?
Thank you so much volunteering!

Freeland Soccer Board

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