



## Freeland Soccer Club Return to Train Guidelines

As of June 5, 2020, Michigan State Youth Soccer Association (**MSYSA**) announced that soccer clubs are now able to return to train as outlined in the **MSYSA R2T Guidelines**.

The Freeland Soccer Club will return to train beginning on Monday, June 15<sup>th</sup> at the Freeland fields. Check with your individual coaches for dates and times.

Parents will need to sign a waiver before your child's first training session. Waivers will be available on our website under the documents section. Please turn them into your coach. Coaches will turn them into a board member and will be kept by the club Secretary.

**Any parent or player that is uncomfortable returning to training at this time should notify their coach.**

### Return to Play Safety Guidelines

**All participants, parents and coaches should:**

Show no signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.

Live in Michigan and have not travelled outside of state for 14 days prior to beginning training.

Have no above normal (anything lower than 100.3) temperature readings: temperature readings should not be conducted by staff but by parents and players prior to attending training.

#### Coach Responsibilities

Coaches will ensure players are healthy before practice

Ensure health and safety of participants.

Ensure all athletes have their own individual equipment (ball, water, etc.)

Ensure that the coach is the only person to handle equipment such as cones: they should not enlist assistance from parents or attendees.

All training is recommended to be conducted outdoors and compliant with social distance per state or local health guidelines.

The use of scrimmage jerseys or pennies is not recommended at this time.

Coaches maintain a safe social distance from all players.

Coaches will be taking attendance to show who was in attendance at each training session in the event of a Covid-19 report of exposure.

If an actual positive case happens and that player was attending a training session, that the coach's attendance sheet verified, we would notify all of the parents of players who attended those trainings and shut all training down for 24 hours to disinfect the areas that the player may have been in contact with and receive guidance from MSYSA as all these protocols are changing weekly.

### **Player Responsibilities**

Players should have a parent take their temperature prior to training.

Players should wash hands thoroughly before and after training

Players should bring and use hand sanitizer at every training

Face coverings should be worn to and from scheduled training sessions. This includes while gathering items upon departure.

Players will not touch or share anyone else's equipment, water, food or bags.

Practice social distancing, place bags and equipment at least 6 feet apart.

NO group celebrations, high 5's, hugs, handshakes, fist bumps etc.

Players should **use the restroom prior to coming to training** as the fields will not have restrooms available.

### **Parent Responsibilities**

Parents please ensure your child is healthy, check child's temperature before activities with others. **If child is experiencing any feelings of being sick, do not send your child to practice.**

At trainings, parents are to stay in their vehicles or adhere to social distance requirements including wearing a mask if outside of car.

Ensure child's clothing are washed after every training.

Notify your club immediately if your child becomes ill for any reason

Be sure your child has necessary sanitizing products with them at every training.

If you have any questions, please contact:

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